

**HIGH RISK PATIENT PROGRAMME – KEY CONTACTS**  
(Incorporating Frail Elderly and Integrated Care COPD programmes)

**GP PRACTICE: Appleby Surgery**

**Practice List Size: 6,011**

**Estimated HRP population (0.5%): 30**

**PHARMACY**

Nisha Desai – Senior Clinical Pharmacist  
07986665481/ [nishadesai1@nhs.net](mailto:nishadesai1@nhs.net)

**Offer:**

- Individual medication reviews and follow up
- Attendance at complex case reviews
- Liaison with specialist services

**SOCIAL WORKER**

Name: Deborah Lisle  
Email: [deborah.lisle@northtyneside.gov.uk](mailto:deborah.lisle@northtyneside.gov.uk)

**Offer:**

- Social Worker alignment with each GP practice
- Monthly attendance at MDTs
- Attendance at complex case reviews
- Advice and support on social care issues

**HIGH  
RISK  
PATIENT**

**GERIATRICIAN**

Locality Lead: Dr Richard Curless  
Email: [richard.curless@northumbria-healthcare.nhs.uk](mailto:richard.curless@northumbria-healthcare.nhs.uk)

**Offer:**

- Specialist advice and support
- Attendance at complex case reviews

**DISTRICT NURSING/COMMUNITY MATRON**

Team Lead: Angie Ridley – 07887986152  
Matron: Carol Proctor - 07887993813

**Offer:**

- Weekly attendance at MDTs
- Initial nursing assessment of high risk patients
- Proactive case management using key worker approach
- Patient-centred care planning

**RESPIRATORY NURSE SPECIALISTS**

**Respiratory Nurse Specialists (including Supported Discharge Team)** - North Tyneside Hospital - 0191 293 4253  
**Long Term Oxygen** - North Tyneside General - 0191 293 4141  
**Lung Cancer** - North Tyneside Hospital - 0191 293 4148