

**HIGH RISK PATIENT PROGRAMME – KEY CONTACTS**  
(Incorporating Frail Elderly and Integrated Care COPD programmes)

**GP PRACTICE: Whitley Bay Health Centre**

**Practice List Size: 12,753**

**Estimated HRP population (0.5%): 64**

**PHARMACY**

Nisha Desai – Senior Clinical Pharmacist  
07986665481/ [nishadesai1@nhs.net](mailto:nishadesai1@nhs.net)

**Offer:**

- Individual medication reviews and follow up
- Attendance at complex case reviews
- Liaison with specialist services

**SOCIAL WORKER**

Name: Rachel Howell  
Email: [rachel.howell@northtyneside.gov.uk](mailto:rachel.howell@northtyneside.gov.uk)

**Offer:**

- Social Worker alignment with each GP practice
- Monthly attendance at MDTs
- Attendance at complex case reviews
- Advice and support on social care issues

**HIGH  
RISK  
PATIENT**

**GERIATRICIAN**

Locality Lead: Tarquin Cross  
Email: [tarquin.cross@northumbria-healthcare.nhs.uk](mailto:tarquin.cross@northumbria-healthcare.nhs.uk)

**Offer:**

- Specialist advice and support
- Attendance at complex case reviews

**DISTRICT NURSING/COMMUNITY MATRON**

Team Lead: Linda Harrison - 07887996361  
Matron: Kevin Smith - 07899795985

**Offer:**

- Weekly attendance at MDTs
- Initial nursing assessment of high risk patients
- Proactive case management using key worker approach
- Patient-centred care planning

**RESPIRATORY NURSE SPECIALISTS**

**Respiratory Nurse Specialists (including Supported Discharge Team)** - North Tyneside Hospital - 0191 293 4253  
**Long Term Oxygen** - North Tyneside General - 0191 293 4141  
**Lung Cancer** - North Tyneside Hospital - 0191 293 4148