

VALVULAR HEART DISEASE

<p>SYMPTOMATIC VALVULAR HEART DISEASE</p> <p>Chest pain, breathlessness, presyncope</p>	<p>REFER ALL</p>
<p>ASYMPTOMATIC AORTIC STENOSIS- most common</p> <p>MILD- FU with GP 2 years with echo Refer if stenosis progresses to moderate</p>	<p>REFER</p> <p>ALL MODERATE and SEVERE</p>
<p>MITRAL REGURGITATION</p> <ul style="list-style-type: none"> • Functional eg secondary to HF • Structural eg valve prolapse • MILD- repeat ECHO 3 yrs 	<p>REFER</p> <p>ALL SEVERE MODERATE if HF</p>
<p>MITRAL STENOSIS</p> <ul style="list-style-type: none"> • Usually rheumatic 	<p>REFER</p> <p>ALL</p>
<p>AORTIC REGURGITATION</p> <p>MILD-Most mild AR is secondary to hypertension and will not progress if BP controlled-repeat ECHO after 6 months to assess progression</p>	<p>REFER</p> <p>All with dilated aortic root ALL MODERATE / SEVERE ALL < 50</p>
<p>TRICUSPID REGURGITATION</p> <ul style="list-style-type: none"> • Mild is very common • Usually <ul style="list-style-type: none"> ○ left sided heart disease ○ volume overload ○ lung disease 	<p>REFER</p> <p>SEVERE</p>