

LIPOMAS

Lipomata are benign tumours commonly found on the trunk and shoulder. These are removed mostly on cosmetic grounds. You should consider the following.

Is lump >5cm diameter	y/n
Is lump increasing in size	y/n
Is lump deep to fascia	y/n
Is lump painful	y/n
If any of the above consider an urgent direct access ultrasound scan (to be performed within 2 weeks) to assess for soft tissue sarcoma in adults	
Consider a 2 week wait referral to Sarcoma MDT for adults if they have ultrasound scan findings that are suggestive of soft tissue sarcoma or if ultrasound findings are uncertain and clinical concern persists.	
References: https://www.nice.org.uk/guidance/csg9/resources/improving-outcomes-for-people-with-sarcoma-update-773381485 https://www.nice.org.uk/guidance/cg27/chapter/guidance	

Patients with multiple subcutaneous lipomata may need a biopsy to exclude neurofibromatosis.

An IFR approval will be needed for all other patients:

Removal of lipomata will only be funded accordance with criteria specified below.

- the lipoma (-ta) is / are symptomatic;

OR

- there is functional impairment.

OR

- for diagnostic purposes to exclude the possibility of malignancy.